



COVID-19 Vaccine

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COVID-19 Vaccine Eligibility Criteria

All people in Newfoundland and Labrador aged 6 months and older are eligible for COVID-19 vaccination. This page provides information about vaccine eligibility and recommendations on the type of vaccine people should receive. If you have questions about your individual circumstances, including your individual risks and benefits of vaccination, please speak with your health care provider.

Canada's National Advisory Committee on Immunization (NACI) makes COVID-19 vaccine specific recommendations for people of all ages. These recommendations and guidance from NACI are available [here](#).

RHA	Who is eligible now (primary series)	Who is eligible for COVID-19 booster doses	Who is eligible for Bivalent COVID-19 vaccine	How to book your vaccine appointment
Eastern Health	Ages 6 months and older	5 years of age and older	12 years of age and older	Book online 1-833-951-3884

		(20 weeks from their last vaccine dose or 3 months from COVID-19 infection)	(20 weeks from their last vaccine dose or 3 months from COVID-19 infection.)	
Western Health	Ages 6 months and older	5 years of age and older (20 weeks from their last vaccine dose or 3 months from COVID-19 infection)	12 years of age and older. (20 weeks from their last vaccine dose or 3 months from COVID-19 infection)	Book online 1-833-703-5470
Central Health	Ages 6 months and older	5 years of age and older (20 weeks from their last vaccine dose or 3 months from COVID-19 infection)	12 years of age and older (20 weeks from their last vaccine dose or 3 months from COVID-19 infection)	Book online 1-833-961-3749
Labrador-Grenfell Health	Ages 6 months and older	5 years of age and older (20 weeks from their last vaccine dose or 3 months from COVID-19 infection)	12 years of age and older (20 weeks from their last vaccine dose or 3 months from COVID-19 infection)	Book online 1-833-960-3643

Fall COVID-19 Booster Vaccine

All adults, adolescents, and children 5 years of age and older are eligible for a fall booster with an authorized COVID-19 vaccine regardless of the number of COVID-19 vaccine doses previously received. Individuals will be encouraged to receive their booster dose 20 weeks from their last vaccine dose and 3 months from COVID-19 infection. Fall booster vaccines can be given at the same time as other immunizations. This will include the seasonal flu vaccine, once it becomes available this fall.

Starting October 28, 2022, Bivalent COVID-19 vaccine (vaccine containing the original and Omicron strain) will be available for anyone 12 years of age and older.

Children 6 months to under 5 years of Age

All children in this age group are eligible to receive a primary COVID-19 vaccine series of Moderna vaccine. A primary series consists of two doses. Children must be at least six months of age at the time of their immunization appointment. The interval between first and second doses for most children is eight weeks. Booster doses are not available for this age group at this time.

For more information for children 6 months to under 5 years of age: [Children 6 Months to under 5 Years of Age – COVID-19 Vaccine \(gov.nl.ca\)](#)

Children 5 to 11 years of Age

Children in this age group are eligible to receive a primary COVID-19 vaccine series as well as a booster dose. It is recommended for individuals in this age group to receive the Pfizer vaccine for all doses, due to a lower risk of myocarditis/pericarditis with this vaccine as compared to the Moderna vaccine in this age group. Children must be five years old at the time of their immunization appointment. The interval between first and second doses for most children is eight weeks. Children that are immunocompromised should receive 3 doses to complete their primary series. The timeline to receive a first booster dose is at least 20 weeks from the last dose in their primary series.

Children in this age group are eligible for a [Fall 2022 COVID-19 Booster Vaccine](#)

For more information for children 5 to 11 years of age: [Children 5 to 11 Years of Age – COVID-19 Vaccine \(gov.nl.ca\)](#)

Youth 12 to 17 years of Age

Youth in this age group are eligible to receive a primary COVID-19 vaccine series and booster doses. A primary series consists of two doses of an mRNA COVID-19 vaccine; three doses for an individual that is immunocompromised. The interval between primary series doses is eight weeks. Youth aged 12 to 17 are recommended to receive the Pfizer vaccine for all doses, due to a lower risk of myocarditis/pericarditis with this vaccine as compared to the Moderna vaccine in this age group.

Youth in this age group are eligible for a **Fall 2022 COVID-19 Booster Vaccine**

Individuals aged 12 and older can receive Pfizer's bivalent vaccine.

Individuals aged 12 to 17 years of age are eligible to receive a Moderna Spikevax bivalent vaccine, if they are diagnosed with any of the following:

- Down syndrome
- Pregnant
- A chronic medical condition, including:
 - asthma (moderate to severe)
 - dementia
 - diabetes
 - heart disease
 - high blood pressure
 - kidney disease
 - liver disease
 - lung disease
 - stroke
- are immunocompromised, including if you:
 - have an underlying medical condition, such as cancer
 - take medications that reduce the immune response, such as chemotherapy
 - have had a solid organ or blood stem cell transplant
- obesity (if you have a body mass index [BMI] of 40 or more)

Adults 18 years and older

All adults aged 18 and older are eligible to receive a primary COVID-19 vaccine series and booster doses. A primary series consists of two doses; three doses for individuals that are immunocompromised. The interval between primary series doses is 8 weeks. A fall Booster dose of COVID-19 vaccine is available when at least 20 weeks have passed since your last dose. For booster

doses, either mRNA vaccine (Pfizer or Moderna) can be given, regardless of the COVID-19 vaccines previously given.

Individuals in this age group are eligible for a **Fall 2022 COVID-19 Booster Vaccine including the COVID-19 Bivalent Vaccine**

Frequently Asked Questions

Should I receive a COVID-19 Fall Booster Dose?

All adults, adolescents, and children 5 years of age and older are eligible for a fall booster with an authorized COVID-19 vaccine regardless of the number of COVID-19 vaccine doses previously received. Individuals will be encouraged to receive their booster dose 20 weeks from their last vaccine dose and 3 months from COVID-19 infection. All adults aged 12 and older are eligible to receive a COVID-19 Bivalent fall booster dose.

Can I get a COVID-19 immunization after I've had a COVID-19 infection?

It is possible that people will get COVID-19 before getting their COVID-19 vaccine. At the very least, people need to wait until they have fully recovered and completed their isolation period before getting their next dose. Public health recommends waiting 3 months after a COVID-19 infection to receive a COVID-19 vaccine provided it has been 20 weeks since your last dose. Recommendations may be different if you are moderately to severely immunocompromised. Please speak to your health care provider to get the best advice on when to get your next vaccine dose after a COVID-19 infection. For more information on NACI's recommendation on interval between infection and getting your next COVID-19 vaccine dose, please visit: [COVID-19 vaccine: Canadian Immunization Guide – Canada.ca](#).

Individuals 5 years of age and older who have had a COVID-19 infection are eligible for a Fall 2022 COVID-19 Booster Vaccine. All adults aged 18 and over and individuals 12 years of age or older with an underlying medical condition that places them at high risk of severe COVID-19 disease are eligible to receive a COVID-19 Bivalent fall booster dose.




How can I access the Novavax Nuvaxovid or other vaccine products?

If you are 18 years of age or older and you are unable or choose not to receive an mRNA vaccine, a recombinant protein subunit (Novavax Nuvaxovid) vaccine may be offered as a second dose. The Medicago Covifenz vaccine is not yet available in Newfoundland and Labrador. Please check this page for future updates.

To book an appointment for Novavax Nuvaxovid, please contact your regional health authority:

Eastern Health	1-833-951-3884
Western Health	1-833-703-5470
Central Health	1-833-961-3749
Labrador-Grenfell Health	1-833-960-3643

Vaccination Documents

- [COVID-19 Vaccine Information Sheet](#)  – read this information sheet carefully and ensure all your questions have been answered by a health care provider before receiving the vaccine.
- [COVID-19 Vaccine Information Sheet – Children ages 6 months to under 5 years](#) 
- [After Care and Immunization Record](#)  – read this document to know what to expect following your vaccination.

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